HEALTHY BUILDINGS • HEALTHY FAMILIES

Do you think you might have BED BUGS?



Bed bugs live in very clean homes as well as not-so clean homes.

Adult bed bugs are small brown or dark red blood-sucking bugs. Younger bed bugs are yellow-gold. Bed bugs don't jump or fly. Bed bugs usually bite at night. Bites look like rashes, hives, or mosquito or flea bites. Sometimes bites are in a half-circle or a line. Bed bug bites will not make you sick, but can itch and get infected.



If You Think You Have Bed Bugs

Do not use pesticides—bug sprays and foggers (bug bombs) will not get rid of bed bugs and can harm your family and pets. It takes a pest control professional to get rid of bed bugs.

- Tell your building manager right away if you think you have bed bugs. They multiply fast and are easier to get rid of when you only have a few.
- Talk to a pest control professional before throwing anything out. Most items can be treated, including mattresses and furniture

How to Find Bed Bugs

If someone in the home is getting bitten at night and you don't have fleas or mosquitoes, check for bed bugs. Use a good flashlight and magnifying glass to look for bed bugs, their droppings, and shed skins. It may be easier to find signs of bed bugs than the bugs themselves.

Places to look for bed bugs:

- Mattresses and box springs, especially in fabric seams
- Crib mattresses
- Chairs and sofas where people sleep or nap





