HEALTHY BUILDINGS • HEALTHY FAMILIES

KEEPING PESTS OUT

Everyone has pest problems, but there are easy ways to help prevent them. Make sure pests don't have food, water, places to hide, or ways to get in. If you keep your home clean and get rid of clutter, you will be less likely to have pests.



Don't feed the bugs

- Clean up food spills and crumbs.
- Keep all food, including dry goods such as flour, sugar and grains, in the fridge or in tightly sealed containers.
- Clean up greasy areas with soapy water.
- Take out garbage and recycling every night and remind your building manager to keep trash cans and recycling bins covered and clean.

Keep it dry — Let your building manager know about any leaky pipes or dripping faucets. Keep bathroom and kitchen floors, countertops, and places around and under sinks dry.

Reduce clutter — Cardboard boxes and piles of papers, books, and clothing make good hiding places for pests like roaches, mice, rats, and bed bugs. Keep floors, furniture, and countertops clear so that these pests have fewer places to hide.

Block them out — Bugs and rodents come in through tiny openings. Let your building manager know about any cracks or holes that pests might use to get in to your home.

Tell your building manager if think you have a pest problem. Do not use pesticide sprays, which aren't effective for long and may make family members sick, or cause asthma.



