## **HEALTHY BUILDINGS • HEALTHY FAMILIES**

## **COCKROACHES**



Cockroaches can carry germs from sewers, garbage cans, or bathrooms to kitchen counters and human food. Cockroaches and their droppings also trigger asthma and allergies in some people.

Cockroaches usually come out at night, and stay hidden during the day in cracks and crevices near their source of food. They like warm, damp, dark, tight spaces. German cockroaches, the ones we typically find in homes, are brown, with oval bodies, and long antennae. Cockroach egg cases are small, dark, and shaped like beans. Cockroach droppings look like black pepper.

Tell your building manager if you see cockroaches. Do not use pesticide sprays or bug bombs or try to get rid of cockroaches or other pests by yourself.

## Keeping cockroaches away

Cockroaches come in to find food, water, and a place to hide. If you keep your home clean and get rid of clutter, you will be less likely to have pests. Check the **Keeping Pests**Out of Your Home card for ways to make sure your home is not a good place for cockroaches.

## Cleaning up after cockroaches are gone

Cockroaches will leave droppings and eggs behind. There will also be dead cockroaches to clean up.

Check the Cleaning Up After a Pest Problem card for tips about cleaning up after cockroaches are gone.



